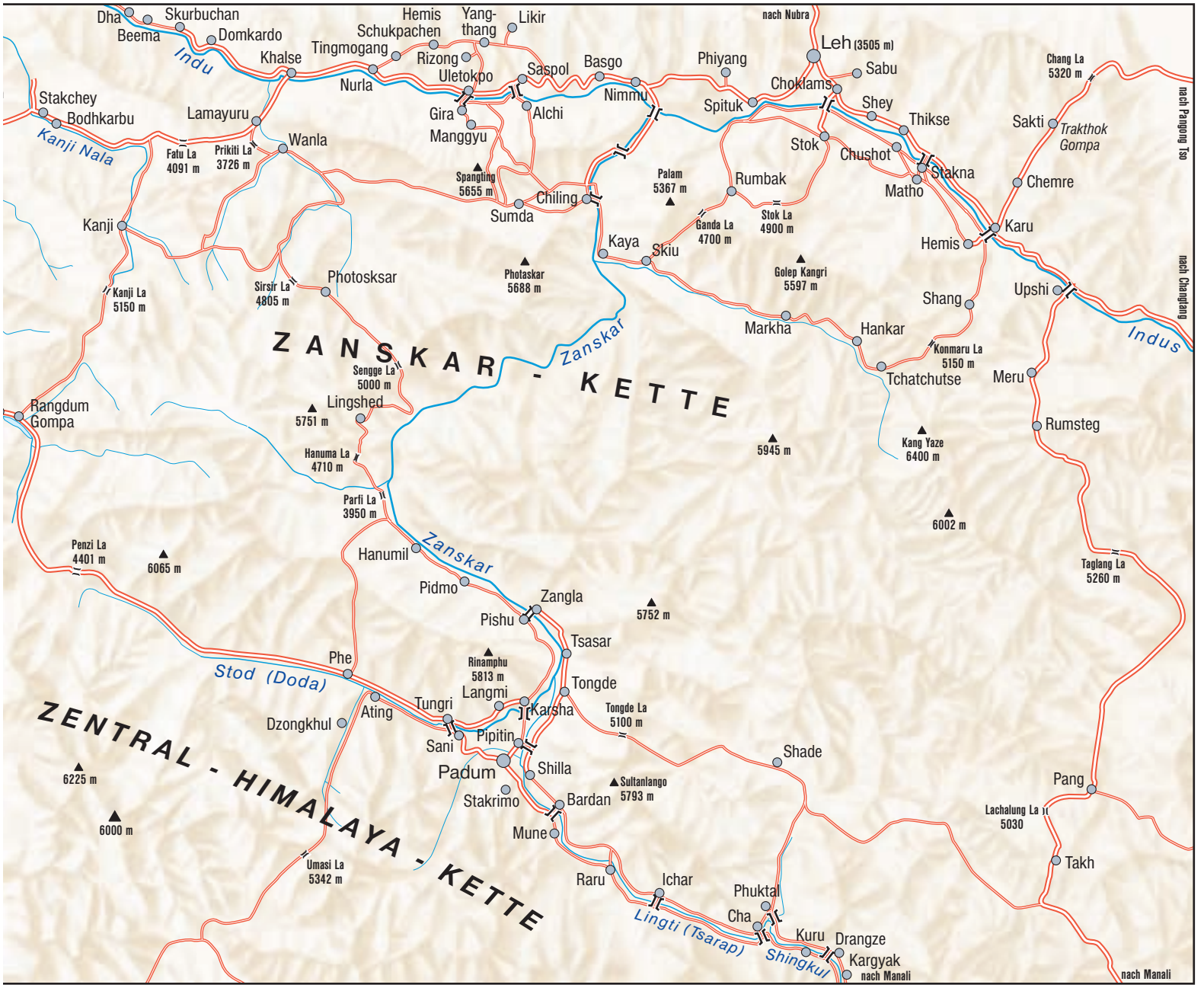
ZANSKAR - KETTE
ZENTRAL - HIMALAYA - KETTE
Indus
Zanskar
Stod (Doda)
Lingti (Tsarap)
Shingkul
Kanji Nala
Dha
Beema
Skurbuchan
Domkardo
Khalse
Tingmogang
Nurla
Schukpachen
Hemis
Rizong
Yang-thang
Likir
Uletokpo
Gira
Manggyu
Saspol
Alchi
Basgo
Nimmu
Phiyang
Leh (3505 m)
nach Nubra
Sabu
Choklams
Spituk
Shey
Thikse
Stok
Chushot
Stakna
Matho
Chang La 5320 m
Sakti
Trakthok Gompa
Chemre
Karu
Hemis
Upshi
Shang
nach Changlang
nach Pangong Tso
Stakchey
Bodhkarbu
Lamayuru
Wanla
Fatu La 4091 m
Prikiti La 3726 m
Spangting 5655 m
Chiling
Sumda
Palam 5367 m
Rumbak
Ganda La 4700 m
Stok La 4900 m
Kaya
Skiu
Golep Kangri 5597 m
Kanji
Kanji La 5150 m
Sirsir La 4805 m
Photosksar
Photaskar 5688 m
Markha
Hankar
Konmaru La 5150 m
Tchatchutse
Meru
Rumsteg
Kang Yaze 6400 m
5945 m
6002 m
Taglang La 5260 m
Sengge La 5000 m
Lingshed
5751 m
Rangdum Gompa
Hanuma La 4710 m
Parfi La 3950 m
Penzi La 4401 m
6065 m
Hanumil
Pidmo
Zangla
Pishu
5752 m
Tsasar
Rinamphu 5813 m
Tongde
Tongde La 5100 m
Phe
Langmi
Karsha
Tungri
Ating
Dzongkhul
Sani
Pipitin
Padum
Shilla
Stakrimo
Bardan
Sultanlango 5793 m
Shade
Pang
Lachalung La 5030
Takh
6225 m
6000 m
Umasi La 5342 m
Mune
Raru
Ichar
Phuktal
Cha
Kuru
Drangze
Kargyak
nach Manali
nach Manali